

# FOUNDATIONS

## JOURNEY WAYPOINTS

January 11-17, 2026

A stop along the journey to study, share, and support one another while we learn the way of Jesus.

### This Week's Big Idea:

We are meant to be formed by Scripture. Scripture is not for our information, but for our transformation!

### Scripture and Study:

**KEY TEXT:** 2 Timothy 3:14-16 [Click here to access this week's scripture](#)

We read the Bible to know God and allow Scripture to work in us so that we can continually grow as God's children and participants in his kingdom. We do well when we remember that the Bible is first and foremost God's story, not a textbook, rule book, or collection of wise sayings for us to choose from.

One way to help ourselves in reading the Bible this way is the SOAP Method. This method can take you 5 minutes or it can take you 30... and both of those can be good! For this method, a section of your Bible reading that is 2-5 verses long would be good to use.

S-Scripture. Write it down word for word from your Bible.

O-Observation. What do you notice? What questions do you have? What stands out to you?

A-Application. This is when God's Word becomes personal. How might the things I observed change my life? What is God asking of me in today's Scripture?

P-Prayer. Offer a prayer asking God to help this passage become a part of your life!

### Discussion Questions:

- When you read a short passage of Scripture slowly, what helps you notice things you might normally skip over?
- Why do you think God chose to form people through written words rather than only through experiences or feelings?
- What makes it difficult to move from understanding a passage to actually living it out?
- How does prayer change the way Scripture shapes us compared to reading it silently or quickly?
- What practices help Scripture become part of your daily life rather than something you visit occasionally?

### Apply It:

- Use the SOAP Method this week to read the Bible. If you need a suggestion of a passage, use John 15.
- Prayerfully choose one small action to take in obedience that flows naturally from your Scripture reading.
- Talk with someone about how Scripture has changed—or is changing—the way you live.